

Where from?



*You may like to sit on the bench and
look out across the water meadows
to the Beck and the hills beyond..*

I lift up my eyes to the hills -
where does my help come from?
My help come from the Lord,
the maker of heaven and earth.

Psalm 121 vv 1 and 2

I lift up my eyes to the hills -
where does my help come from?
My help come from the Lord,
the maker of heaven and earth.

He will not let your foot slip –
he who watches over you will not slumber;
indeed he who watches over Israel
will neither slumber nor sleep.

The Lord watches over you –
the Lord is your shade at your right hand;
the sun shall not harm you by day,
nor the moon by night.

The Lord will keep you from all harm –
he will watch over your life,
the Lord will watch over your coming and going
both now and for evermore.

Psalm 121