

# What am I?



*You can see your image in the mirror.  
Pause and ponder.*

Lord, you have examined me and you know me.  
*Psalm 139 v 1*

Lord, you have examined me and you know me.

You know everything I do;  
from far away you understand all my thoughts.

You see me, whether I am working or resting;  
you know all my actions.

Even before I speak,  
you already know what I will say.

You are all around me on every side;  
you protect me with your power.

Your knowledge of me is too deep;  
it is beyond my understanding.

Psalm 139 vv 1 - 6